








	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	<p>Sweet pancakes with mixed berries</p> <p> Contains gluten, wheat, eggs and milk</p>	<p>Cream crackers with grated cheese and grapes/pineapple</p> <p> Contains milk and wheat and may contain nuts</p>	<p>Currant buns with butter and orange segments</p> <p> Contains wheat, soya and milk</p>	<p>Bagels with cream cheese and tomatoes</p> <p> Contains barley, wheat and rye. May contain sesame</p>	<p>Popcorn with apple slices and sultanas</p> <p> Contains soya</p>
Lunch	<p>Spaghetti Carbonara with garlic bread</p> <p>Contains gluten, eggs, milk and may contain nuts</p> <p>Mandarin jelly and ice cream</p> <p>Contains milk and may contain nuts</p>	<p>Meat pie with mashed potatoes and seasonal vegetables</p> <p>Contains milk, barley, gluten and wheat</p> <p>Warm rice pudding with jam</p> <p>Contains milk</p>	<p>Sausage, baked beans and potato wedges</p> <p>Contains gluten, wheat and sulphites</p> <p>Mini doughnuts with cream</p> <p>Contains milk and wheat. May contain nuts</p>	<p>Chicken curry with rice and naan bread</p> <p>Contains milk, wheat and nuts</p> <p>Raspberry cheesecake</p> <p>Contains oats, wheat, eggs and milk. May contain nuts</p>	<p>Sweet and sour vegetables with noodles and prawn crackers</p> <p>Contains wheat and eggs and shellfish</p> <p>Flapjack and custard</p> <p> Contains oats and milk. May contain gluten, wheat, eggs, nuts and soya</p>

Tea

Fish fingers with freshly baked rolls and tomato and vegetable dip

Contains wheat, fish and may contain nuts

Waffles with sauce and cream

 Contains milk, wheat, eggs and soya. May contain nuts

Boiled egg and ham with bread and butter

Contains egg, milk, wheat and soya

Chocolate brownie with strawberry mousse

Contains wheat, eggs, soya, milk and may contain nuts

Cheese scones with butter and cucumber

Contains milk, eggs and wheat

Crème caramel

 Contains milk

Cheesy tuna potato skins

Contains milk and fish


Mixed berry trifle

 Contains milk

Pitta pizza with a choice of toppings

Contains gluten, wheat and milk


Ice cream cones

 Contains milk, wheat and soya

Monday


Snack

Croissants with a choice of spreads and pear slices

 Contains wheat, eggs and milk


Tuesday

Pitta and humous with pepper and carrot sticks

 Contains gluten, wheat and sesame seeds


Wednesday

Cereal bar with raisins

 Contains barley, gluten, oats and soya. May contain nuts


Thursday

Blueberry muffins with banana

 Contains wheat, eggs and milk. May contain soya and nuts

Friday

Breadsticks with cheese dip and cucumber

 Contains wheat and milk

Lunch

Spaghetti Bolognese with garlic bread

Contains gluten, wheat and milk. May contain nuts

Apple crumble with custard

Contains oats, eggs and milk

Cottage pie with seasonal vegetables

Contains milk, barley and wheat. May contain eggs and mustard

Oat cookies with ice cream

Contains milk, wheat and soya

Chicken and vegetable bake with roast potatoes

Contains milk, barley, wheat and mustard. May contain eggs


Pineapple cake and cream

Contains milk, wheat, eggs and soya

Fisherman's Pie with seasonal vegetables

Contains fish, milk, barley, wheat and mustard

Jam tart and custard

 Contains milk and wheat. May contain nut

Lamb moussaka and rice

Contains milk and wheat

Cherry pie and ice cream

Contains milk and wheat

Tea

Chicken goujons with freshly baked rolls and tomato and vegetable dip

Contains wheat and milk


Strawberry yoghurt

Contains milk

Cheese and tomato/orange marmalade sandwiches

Contains milk and wheat

Chocolate and banana pots

 Contains milk and soya

Pasta Arrabiata sprinkled with cheese

Contains milk, wheat and gluten

Shortbread with strawberries

Contains gluten, wheat and milk. May contain nuts.



Sausage rolls with bread and butter and cucumber/carrot sticks

Contains wheat, eggs and milk


Lemon cake with crème fraiche

Contains milk, eggs, wheat and soya.

Baked beans on toast

Contains wheat and milk

Peaches and cream

 Contains milk

Monday

Tuesday


Wednesday

Thursday


Friday

Snack


Chappati with yoghurt and mint dip and carrot sticks

 Contains wheat and milk


Banana bread with mixed berries

 Contains milk and wheat

Tortilla chips with cheese and tomato and vegetable salsa

 Contains milk and may contain nuts

Waffles with apple slices and sultanas

 Contains wheat, eggs and soya

Oatcakes with ham and cucumber sticks

Contains oats and milk

Lunch

Sausage with carrot and swede mash, peas and onion gravy

Contains gluten, wheat, sulphites and milk

Strawberry jelly and cream

Contains milk

Tuna and sweetcorn pasta bake with garlic bread

Contains fish, milk, wheat, eggs, sulphites. May contain sesame seeds

Jam roly poly with custard

Contains milk, gluten and wheat



Chilli con carne with rice

Contains barley and wheat. May contain eggs, milk and mustard

Chilled banana custard

Contains milk

Roast chicken with roast potatoes, vegetables and gravy

Contains barley, wheat and soya


Madeira fairy cake and ice cream

Contains milk, eggs, wheat and soya

Fish cakes with potato wedges and peas

Contains wheat and fish

Banoffee dessert


 Contains milk, wheat and soya. May contain nuts

Tea

Vegetable couscous with a bread roll

Contains gluten, wheat and milk

Chocolate angel delight with biscuit

 Contains milk and wheat

Scrambled eggs on toast

Contains milk, wheat and eggs

Mini milks

 Contains milk

Ham and cucumber wraps

Contains gluten and wheat

Swiss roll with cream and strawberries

Contains wheat, eggs, milk and soya

Vegetable ravioli

Contains gluten


Strawberry yoghurt







 Contains milk

Crumpets with cheese and tomatoes

Contains wheat and milk

Choc ice

 Contains milk and soya

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	<p>Rice cakes with spreads and apple slices and sultanas</p> <p> Contains milk</p>	<p>Sweet biscuit with banana and orange segments</p> <p> Contains wheat and milk</p>	<p>Savoury muffins with butter and carrot sticks</p> <p> Contains milk, gluten, wheat and soya</p>	<p>Sultana scones with butter or jam</p> <p> Contains wheat, eggs and milk</p>	<p>Cheese twists with cucumber and pepper sticks</p> <p> Contains barley, wheat, gluten and milk</p>
Lunch	<p>Cheese and potato pie with spaghetti hoops</p> <p>Contains milk and may contain egg</p> <p>Apple strudel and ice cream</p> <p> Contains milk and wheat. May contain nuts</p>	<p>Minted lamb shepherd's pie with carrots and peas</p> <p>Contains barley, wheat and milk</p> <p>Chocolate sponge and cream</p> <p>Contains wheat, eggs and milk. May contain nuts</p>	<p>Meatballs in tomato sauce with pasta</p> <p>Contains wheat and may contain nuts</p> <p>Summer berry crumble with custard</p> <p>Contains milk, gluten and wheat</p>	<p>Hunters barbeque chicken with roast potatoes and peas</p> <p>Contains gluten, wheat, mustard and soya</p> <p>Sultana sponge and ice cream</p> <p>Contains milk, eggs, wheat and soya</p>	<p>Pork casserole with mashed potatoes and seasonal vegetables</p> <p>Contains barley and wheat. May contain eggs, milk and mustard</p> <p>Tropical fruit trifle</p> <p>Contains milk</p>

Tea

Scotch eggs with bread and butter and vegetable sticks

Contains milk, wheat, egg and gluten

Jaffa cake and orange jelly

Contains wheat, eggs and soya

Ham and cucumber/ jam sandwiches

Contains milk and wheat

Ice cream roll

Contains milk, gluten, wheat and soya. May contain nuts

Mini pasty with cucumber sticks and maize snacks

Contains gluten, eggs, milk ,barley, wheat and mustard

Fruit cocktail with vanilla angel delight

Contains milk

Cheese and onion rolls with baked beans

Contains milk, eggs, wheat and mustard


Banana split

 Contains milk

Macaroni cheese

Contains milk, wheat and mustard

Carrot cake and cream

 Contains milk, wheat and eggs. May contain nuts